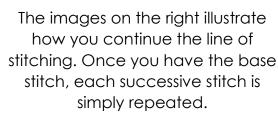
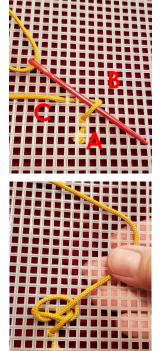


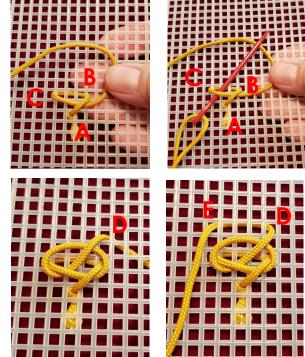
## **BASIC INSTRUCTION FOR LEFTIES**

The diagram and images to the left illustrate how you begin a line of plaited braid stitch. This is the first step towards creating the braid.



Your needle will ALWAYS go on top of the arches.





From E, go OVER the arch of the last stitch, down & UNDER three loops on right. Arch cord over last stitch, go up and UNDER three loops on left, OVER both arches of the last stitch.

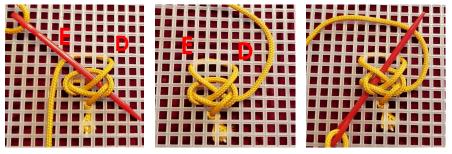
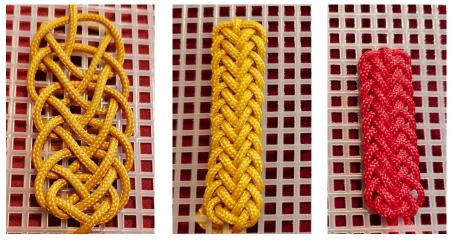


Image on lower left shows a completed braid stitch. At this point, you simply repeat the sequence.



Sequence: Down at D, up at E, over the arch, down & under 3 loops on right. Arch cord over last stitch, go up and under three loops on left – OVER both arches of the last stitch – REPEAT.



Note: The red braid on the right is a right-handed braid stitch. The gold braid on the left is done left-handed. It is difficult to distinguish between the two.

## PLAITED BRAID STITCH - STANDARD

Plaited braid stitch was a very common decorative stitch in the late 16th and early 17th centuries. It can be found on coifs, caps, embroidered clothing, swete bags, embroidered bookbindings, and even gloves of that time period. There are a variety of different braid stitches that typically get lumped together under the general term "plaited braid stitch." In Elizabethan Stitches, Jacqui Carey documents several braid stitches seen in period embroidery and explains her version of their execution in full detail, including greatly enlarged photographs of extant examples. The image on the front of this booklet is an example of what Carey calls a Standard Plaited Braid Stitch, so named by her because of its prevalence in period embroidery. This is the variety of braid stitch that I will be demonstrating today.

For a PDF file on Plaited Braid Stitch which includes full color images of extant examples, please contact me at <a href="mailto:merrilymarile@gmail.com">merrilymarile@gmail.com</a>. I will be happy to email you a copy of "Undaunted: Conquering the Plaited Braid Stitch." Note: This pdf is for right-handed stitchers but has some wonderful images of braid stitches.

Undaunted:
Conquering the
Plaited Braid Stitch
for
Left-Handed Stitchers



Presented by Livia da Nicolosi