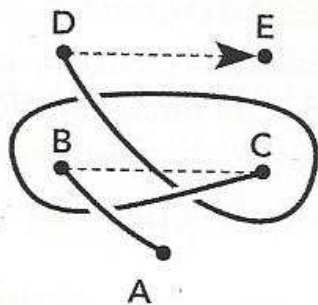


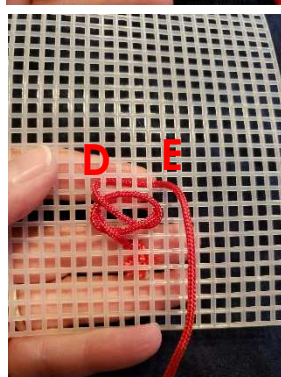
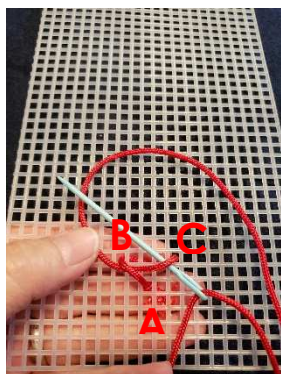
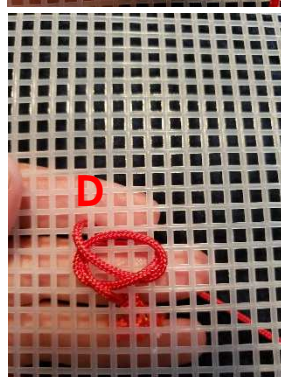
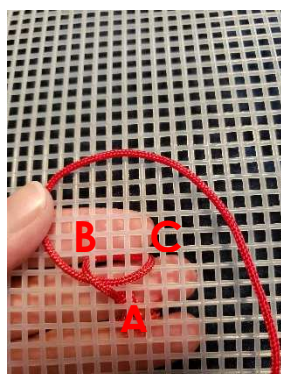
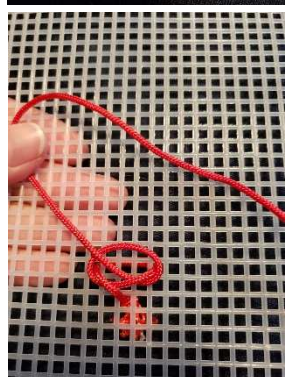
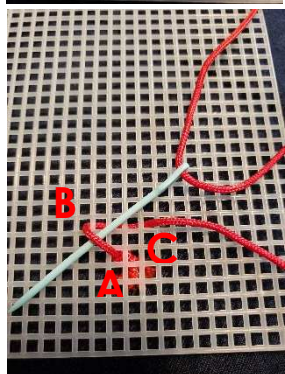
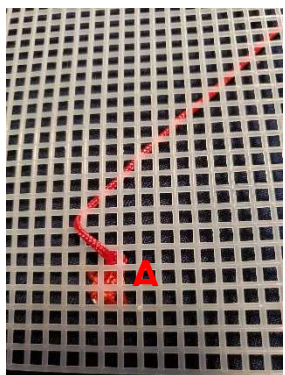
## BASIC INSTRUCTION



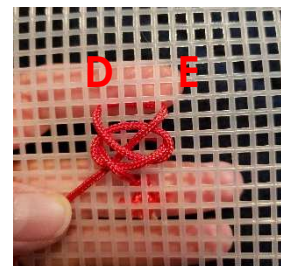
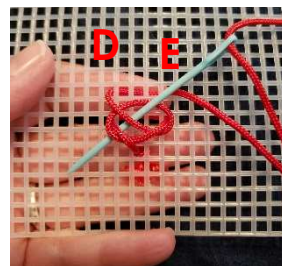
The diagram and images to the left illustrate how you begin a line of plaited braid stitch. This is the first step towards creating the braid.

The diagram and images on the right illustrate how you continue the line of stitching. Once you have the base stitch, each successive stitch is simply repeated.

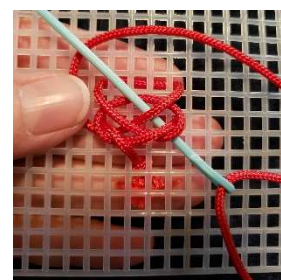
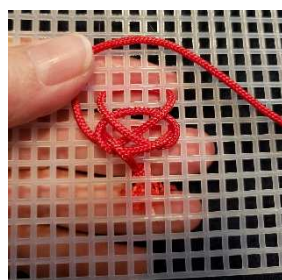
Your needle will ALWAYS go on top of the arches.



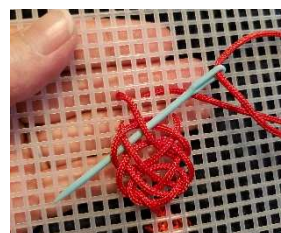
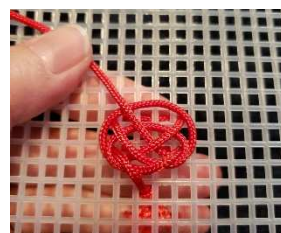
From E, go OVER the arch of the last stitch, down & UNDER three loops on left



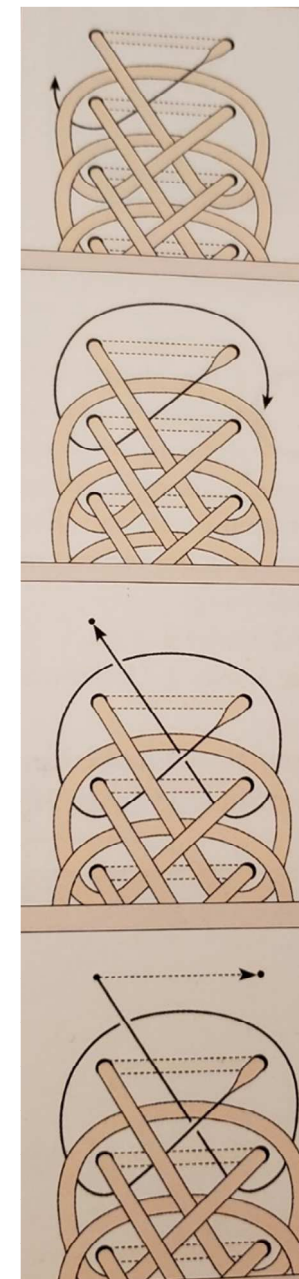
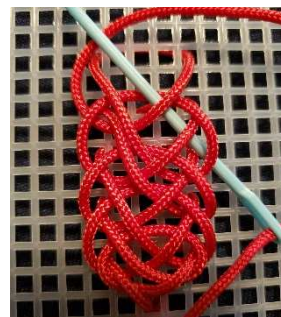
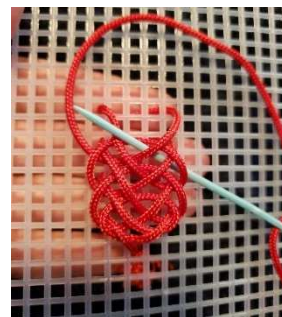
Arch cord over last stitch, go up and UNDER three loops on right – OVER both arches of the last stitch



Go down at D, up at E, over the arch, down & under 3 loops on left



Arch cord over last stitch, go up and under three loops on right – OVER both arches of the last stitch - REPEAT



Stitch diagrams on this page reprinted with the gracious permission of Jacqui Carey, *Elizabethan Stitches*.



## PLAITED BRAID STITCH – STANDARD

Plaited braid stitch was a very common decorative stitch in the late 16<sup>th</sup> and early 17<sup>th</sup> centuries. It can be found on coifs, caps, embroidered clothing, swete bags, embroidered bookbindings, and even gloves of that time period. There are a variety of different braid stitches that typically get lumped together under the general term “plaited braid stitch.” In *Elizabethan Stitches*, Jacqui Carey documents several braid stitches seen in period embroidery and explains her version of their execution in full detail, including greatly enlarged photographs of extant examples. The image on the front of this booklet is an example of what Carey calls a Standard Plaited Braid Stitch, so named by her because of its prevalence in period embroidery. This is the variety of braid stitch that I will be demonstrating today.

For a PDF file on Plaited Braid Stitch which includes full color images of extant examples, please contact me at [merrilymarile@gmail.com](mailto:merrilymarile@gmail.com). I will be happy to email you a copy of “Undaunted: The Plaited Braid Stitch.”

## Undaunted: The Plaited Braid Stitch



Presented by  
Livia da Nicolosi